

# **Re-awakening Indigenous Spirituality in the Context of Mizoram**

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## **Abstract**

The paper, first of all, attempts to contextualize ‘indigenous spirituality’ through a brief reading of the cultural and spiritual history of Mizoram. In order to situate the need to ‘re-awaken’ the so called ‘indigenous spirituality’, arguments pertaining to adaptation, survival, creativity, and knowledge systems are explored and elaborated upon. The paper also explores how the cultural and traditional history of Mizoram imbibes spiritual values which is often exuded through the connected-ness or attachment to land. From their peaceful co-existence and dependence on nature, the forefathers of the Mizos experienced ‘spirituality’ which encompasses a deep appreciation, reliance, and engagement with things around them. The paper also attempts to deliver the argument that the ‘circle of life’, to be explored through the points aforementioned, experienced by the Mizo forefathers need to be re-awakened for the peaceful and sustainable existence of the present day Mizos.

**Keywords:** Indigenous, Spirituality, Connection/Connected-ness, Sustainable/Sustainability.